

FREE

Vol. 26 Issue 29/15

Friday 24th July - Thursday 30th July 2015



KINSALE ADVERTISER

INCLUDING THE GUIDE TO **WHAT'S ON** IN KINSALE & DISTRICT

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4 Star AA Guesthouse



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12pm-10pm

Restaurant d'Antibes
6pm-10pm

Serving Fresh Seafood,
Shellfish, Steaks & Stews.

Delivered daily by local producers.

Friday 24th July 10.30pm

Rambling Siulers

Saturday 25th July 10.30pm

Happy Dayz

Monday 27th July 9pm

Irish Draught

Tuesday 28th July 9pm

Two of a Kind

Wednesday 29th July 9pm

Two of a Kind

Thursday 30th July 9pm

Shane and Friends

Saturday 25th July 7pm

GAA Football All Ireland Round 4A

Cork v Kildare

Sunday 26th July 4pm

GAA Hurling All Ireland Quarter Final

Galway v Cork

Your hosts the Frawley Family & Staff

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**Friday 24th July, 10pm
JUG A PUNCH**
**Saturday 25th July, 10pm
FOR FOLK SAKE**
**Sunday 26th July, 6pm
SKELLIG**

FOOD SERVED DAILY
*Sunday Roasts always available.
Dining Room open for
Lunch and Dinner.*
Private Parties: Call 021 4772436

BILLY CROSBIE PRODUCTIONS LATEST VENTURE

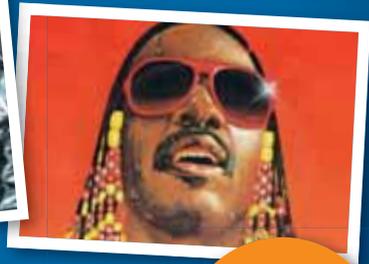


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Jack Crosbie
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Actons
of Kinsale

Saturday 8th August

Starting at 9.30pm Adm. Free

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CLUB
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Kinsale fun Kidathon



fun

CATEGORIES

6-7
8-9
10-11
12-13
14-15

10.30am
at the
Dock Beach
Kinsale

Registration open from 9.00am

26th July
2015

fun

€15
per child

One Day License is
included in entry fee

fun

GOODIE BAGS
for all
competitors

Woo Hoo!

- Wetsuits compulsory for Swim
- Helmets compulsory
for Bike

fun

The rules

Registration available through www.triathlonireland.com
For further info email kinsaletriclub@gmail.com
Online entries close on the 23rd July at 8pm



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The Moorings

MARKET STREET
 KINSALE

(FORMERLY AN SEANACHAI)

Thursday 23rd July

Black Rose 9.30pm-11.30pm
 FREE ENTRY

Friday 24th July

Magella Zis (4 Piece Rock)
 11pm - 1am Followed by DJ
 LATE BAR - FREE ENTRY

Saturday 25th July

TAE LANE



11pm - 1am Followed by DJ - LATE BAR
 Admission €5 after 12 midnight on Saturday.

Sunday 26th July

Flog The Dog 10.30pm-12.30am
 Followed by DJ - LATE BAR - FREE ENTRY



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AUGUST**

10.30am - 2.00pm daily

€65 per child (Discount for siblings)

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FILLED
ACTION**

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THURS 30TH JULY KICK OFF 7.15PM

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Starting 27th July, 7pm

ANTENATAL

Starting 30th July, 7pm

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*Limited places so booking required. Contact the Clarins
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5 DAY SUMMER SCHEDULE 2015

	YOUNG PIRATES 6-8 yrs	SEA DOGS 8-10 yrs	FIND ADVENTURE 10-12 yrs	ACTIVITY CHALLENGE 12-14 yrs	YOUNG EXPLORERS 12-14 yrs	ADVENTURE EXPEDITION 14 yrs +	KAYAKING
July 27th	€190 FULL	€190 FULL	€220 FULL	€220 FULL	€245	€245 FULL	€220
Aug 4th*	€150	€150	€175		€200		€175
Aug 10th	✓	✓	✓	✓		✓	
Aug 17th	✓	✓	✓		✓		✓
Aug 24th	✓	✓	✓	✓			

	START SAILING SEALS	BASIC SKILLS 1 DOLPHINS	BASIC SKILLS 2 ORCAS	IMPROVING SKILLS	ADVANCED SAILING	ADVENTURE SAILING	KITES & WIRES
July 27th	€255 FULL	€255 FULL	€255	€255 FULL	€255	€255 FULL	€255
Aug 4th*	BOOK NOW		€205*				€205*
Aug 10th	✓	✓		✓			
Aug 17th	✓		✓				
Aug 24th	✓						

* PLEASE NOTE: AUG 4TH IS A 4 DAY COURSE WAITING LIST AVAILABLE

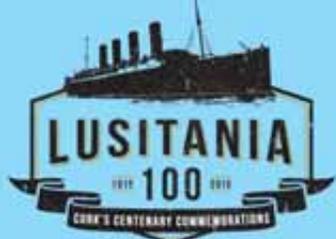
SAIL CLUB BEGINNING 25TH JULY : NEW MEMBERS WELCOME



*Visit the Cobh
Heritage Centre*

**Learn about Cobh's
connection with:**

- The Titanic
- The Lusitania
- The Great Famine
- Emigration to
North America
- Convict Ships
to Australia



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Pain Management / Rehabilitation / Functional Exercise



Some conditions treated in the clinic:

- Headaches
- Migraines
- Neck Pain
- Back Pain
- Shoulder Pain/ Problems
- Elbow/Wrist Problems
- Carpal Tunnel Syndrome
- Postural Distortions
- Hip Pain/Discomfort/ Problems
- Knee Pain/Problems
- Ankle/Foot Problems
- Sciatica
- Nerve Entrapment
- Joint Pain/ Discomfort
- Strains/Sprains
- Sports Injuries/ Recovery
- Soft Tissue Repair
- Connective Tissue Repair
- Muscular Disorders/ Conditions
- Coordination Development
- Loss of Balance
- Stiffness
- Impaired Mobility
- Functional Exercise

By appointment: **Sabine Graef** (BEEd., SMT, NMPT)

Mobile **087 9872783**

No. 26 Haven Bay Apt, Ballinacubby, Kinsale

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July 2015



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in aid of Poor Children of Africa



Temperance Hall Saturday 25th July 10am to 2pm



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Open: Monday - Saturday 8.30am to 5.30pm

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Main Street, Kinsale

Friday 24th July 10.30pm
THE JAM MASTERS
Saturday 25th July 10.30pm
CELTIC KNIGHTS
Sunday 26th July 8.30pm
THE SUN KINGS

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SUMMERCOVE, KINSALE

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Friday 24th July, 10pm

KING K

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YOU ARE ELIGIBLE IF YOU ARE:

- 50-66 years old
- Non-smoker
- Not on medication for blood pressure or cholesterol
- Have slightly raised blood pressure (we will check this for you)
- In good general health without diagnosed heart disease, diabetes, kidney disease or gastrointestinal disease
- Not allergic to eggs
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BENEFITS FOR YOU:

- Cholesterol and blood sugars check
- DEXA scan for bone mass, body composition (%fat; muscle mass)
- Blood pressure report

*To check eligibility for study/or to arrange to
check your blood pressure to see if suitable for
the study contact:*

Dr. Alice Lucey Email: a.lucey@ucc.ie
or phone **Anna: 021 4903386**
or **Clara: 021 4903688**



Bacchus is a collaborative (Research) Programme targeted at a special group (SMEs) under the European Commission 7th Framework Programme.



SAM'S BAR

SNUG AND BEER GARDEN

The Glen, Kinsale Tel: 021 4700816

Friday 24th July: **Old No. 7**

Saturday 25th July: **Voodoo Mark**

Sunday 26th July: **The Americhanics**

Monday 27th July: **Murphy's Open Mic Night**

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FRIDAYS: 8.30am-5.30pm (Closed for Lunch 1-2pm)
& SATURDAYS: 9.30am-3pm (Open through Lunch)

Run, Jog or Walk THE KINSALE REGATTA 5 MILE RUN July 31st @ 7.30pm

Entry fee €10.00

Supporting "STRAIGHT AHEAD"

(Straight Ahead is a charity which performs
orthopaedic operations for children on HSE waiting
lists and in urgent need of surgery)

Entries will be taken at Kinsale G.A.A. Grounds.

Entries close @ 7.15pm.

Refreshments afterwards in the Temperance Hall.

Prizes for Seniors, Masters, Juniors
and Wheelchair athletes.

No Dogs or buggies allowed.

Further details from

Rose @ 086-8411193/ Nicola @ 086-8515371
or email rose.walsh@hotmail.com

Kinsale Regatta Festival - Designated to the Year of the Youth

Winner of Best Jameson
Cocktail in Ireland 2015



Music Venue - Guardwell, Kinsale
T: 021 4772382 www.folkhousevenue.com



FRIDAY 24th JULY 10.30pm

THE FRETS

Lively Duo playing Trad/Folk/Contemporary

SATURDAY 25th JULY 10.00pm

CADILLAC CATS

4 Piece Folk/Rock

SUNDAY 26th JULY 9.00pm

KING K

5 Piece Rockin' Covers

WEDNESDAY 29th JULY 9.30pm

BIG SWINGING MIKEYS

3 Piece Folk/Contemporary Covers

THURSDAY 30th JULY 9.30pm

THE LADS

4 Piece Folk/Rock/Contemporary Covers

FRIDAY 31st JULY 10.30pm

GDR

4 Piece Folk/Rock/Contemporary Covers

SATURDAY 1st AUGUST 10.00pm

HOUND DOGS

Bacchus Nightclub

FRI 24th JULY - DJ SEAN

All the Old & New Classics. Doors 11:30pm - Free b4 12:00am

SAT 25th JULY - DJ SEAN

90s Club Classics & Chart. Doors 11:30pm - Free b4 12:00am

THURS 30th JULY - DJ MARK

All the Old & New Classics. Doors 11:30pm - Free b4 12:00am



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ARMADA

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FRI 24th JULY **CELTIC SPIRIT**
SAT 25th JULY **SEAN TREACY**
SUN 26th JULY **JAMESTOWN**
MON 27th JULY **MARY GREEN
& NOEL SHINE**
TUES 28th JULY **SHANE & FRIENDS**
WED 29th JULY **THE FERRYMEN**
THUR 30th JULY **KINSALE SESSIONS**

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**KINSALE GAA
 KELLOGG'S CÚL CAMP**

10th-14th August
 10am - 2pm each day

Register online: www.kellogsculcamp.gaa.ie
 or forms available from Maurice Murphy's.

FINAL CLUB DEVELOPMENT DRAW

Sam's Bar, Wednesday 29th July, 10pm.
 €5000 worth of cash prizes will be given away!

IT COULD BE YOU!!

**1st PRIZE: €4,000 2nd PRIZE: €500
 & 5 PRIZES OF €100**



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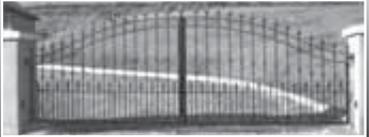
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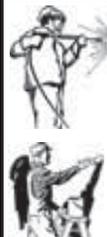
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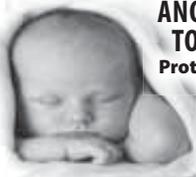
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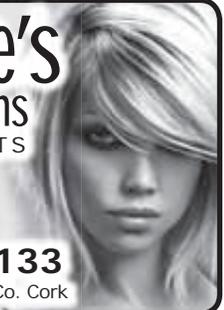
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NOTICES

MIRACULOUS PRAYER

Dear Sacred Heart of Jesus, in the past I have asked for many favours. This time I ask you this very special one (mention favour). Take it, dear Heart of Jesus and place it within your own broken heart, where our Father sees it. Then in his merciful eyes it will become your favour, not mine, Amen.

Say this prayer for 3 days, promise publication and the favour will be granted, no matter how impossible. Never known to fail. AW





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Proceeds to the Friary Heating Fund

Actons Hotel Friday 14th August
Doors Open 7.30pm - Eyes Down 8.00pm

**MIRACULOUS
PRAYER**

Dear Sacred Heart of Jesus, in the past I have asked for many favours. This time I ask you this very special one (mention favour). Take it, dear Heart of Jesus and place it within your own broken heart, where our Father sees it. Then in his merciful eyes it will become your favour, not mine, Amen.

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KINSALE ADVERTISER

WHAT'S ON IN KINSALE

FRI 24th JULY - THURS 30th JULY 2015



Welcome to all visitors to the Laser Leinster Championships.

FRI 24th JULY

APERITIF:

Spanish Night.

ARMADA: Celtic Spirit.

BACCHUS NIGHTCLUB:
DJ Sean, 11.30pm.

BLUE HAVEN:

Martin Ryan.

BULMAN BAR:

King K, 10pm.

CRACKPOTS:

Piano Bar with

Billy Crosbie.

DON & BARRY'S

HISTORIC STROLL:

Tourist Office

9.15am, 11.15am.

FOLKHOUSE:

The Frets, 10.30pm.

HAMLETS:

Eoghan Murphy, 10pm.

HARBOUR CRUISE:

12pm, 2pm, 3pm & 5pm.

O'CONNOR'S PHARMACY:

Complimentary Skin Time

treatment with Clarins

consultant Ruth Bruton.

Until 30th September.

SAM'S BAR:

Old No. 7.

SILENT BANJO:

The Jam Masters, 10.30pm.

SPANIARD:

Jug A Punch, 10pm.

THE MOORINGS:

Magella Zis, 11pm,

followed by DJ.

WHITE HOUSE:

Rambling Siulers, 10.30pm.

Laser Leinster Championships

SAT 25th JULY

ARMADA:

Sean Treacy.

BACCHUS NIGHTCLUB:

DJ Sean, 11.30pm.

BLUE HAVEN:

The Dynamics.

COFFEE MORNING,

CRAFT & CARD SALE:

Temperance Hall,

10am - 2pm.

DON & BARRY'S

HISTORIC STROLL:

Tourist Office

9.15am, 11.15am.

FOLKHOUSE:

Cadillac Cats, 10pm.

HAMLETS: DJ.

HARBOUR CRUISE:

12pm, 2pm, 3pm,

4pm & 5pm.

KINSALE OUTDOOR

EDUCATION CENTRE:

Sail Club starts.

SAM'S BAR:

Voodoo Mark.

SILENT BANJO:

Celtic Knights, 10.30pm.

SPANIARD:

For Folk Sake, 10pm.

THE MOORINGS:

Tae Lane at 11pm,

followed by DJ.

WHARF TAVERN

AT THE TRIDENT HOTEL:

The Quays.

WHITE HOUSE:

Happy Dayz,

10.30pm.

Laser Leinster Championships SUN 26th JULY

ARMADA:

Jamestown.

BLUE HAVEN:

Barry Tierney, 9pm.

DON & BARRY'S

HISTORIC STROLL:

Tourist Office 11.15am.

FOLKHOUSE:

King K, 9pm.

HAMLETS:

Martin Ryan from 7pm.

HARBOUR CRUISE:

12pm, 2pm, 3pm,

4pm & 5pm.

KINSALE ANTIQUE FAIR:

Actons Hotel,

11am - 6pm,

KINSALE

BAPTIST CHURCH:

11am, Temperance Hall.

KINSALE FUN

KIDATHLON:

Dock Beach, 10.30am.

SAM'S BAR:

The Americanics.

SILENT BANJO:

The Sun Kings, 8.30pm.

SPANIARD:

Skellig, 6pm.

THE MOORINGS:

Flog the Dog 10.30pm,

followed by DJ.

MON 27th JULY

ARMADA:

Mary Green & Noel Shine.

BLUE HAVEN:

Arundo and Irish

Dancers, 9.15pm..

DALTONS BAR:

Traditional Music.

DON & BARRY'S

HISTORIC STROLL:

Tourist Office

9.15am, 11.15am.

ELITE PILATES:

Beginner's Mat

5 week course, 7pm.

HARBOUR CRUISE:

12pm, 2pm, 3pm & 5pm.

KINSALE GOLF CLUB:

Summer Camps

this week. 021 4773258.

KINSALE OUTDOOR

EDUCATION CENTRE:

Summer Schedule.

See page 14.

KINSALE ST. JOHN THE

BAPTIST CHURCH:

Perpetual Adoration,

9am - 1pm.

LUCY FRENCH

SCHOOL OF DANCE:

Dance Camp this week.

www.lucyfrenchschoolofdance.com

SAM'S BAR:

Murphy's Open Mic Night.

WHITE HOUSE:

Irish Draught, 9pm.

TUES 28th JULY

ARMADA:

Shane & Friends.

BLUE HAVEN:

Sonny & Friends, 9.15pm.

DALTONS BAR:

Traditional Music.

DON & BARRY'S

HISTORIC STROLL:

Tourist Office,

9.15am, 11.15am.

HARBOUR CRUISE:

12pm, 2pm, 3pm & 5pm.

KINSALE BRIDGE CLUB:

Trident Hotel, 7.30pm.

Summer bridge,

Visitors welcome.

KINSALE ST. JOHN THE

BAPTIST CHURCH:

Perpetual Adoration,

9am - 8pm.

WHITE HOUSE:

Two of a Kind, 9pm.

WED 29th JULY

ARMADA:

The Ferrymen.

BLUE HAVEN:

Niall McCabe, 9.15pm.

DON & BARRY'S

HISTORIC STROLL:

Tourist Office,

9.15am, 11.15am.

FOLKHOUSE:

Big Swinging Mikeys,

9.30pm.

HARBOUR CRUISE:

12pm, 2pm, 3pm & 5pm.

KINSALE GAA:

Final Club Development

Draw at Sam's Bar, 10pm.

WHITE HOUSE:

Two of a Kind, 9pm.

THUR 30th JULY

ARMADA:

Kinsale Sessions.

BACCHUS NIGHTCLUB:

DJ Mark, 11.30pm.

BLUE HAVEN:

Arundo and Irish

Dancers, 9.15pm.

CRACKPOTS:

Summer Flavours Music.

DALTONS BAR:

Traditional Music.

DON & BARRY'S

HISTORIC STROLL:

Tourist Office,

9.15am, 11.15am.

ELITE PILATES:

Antenatal

5 week course, 7pm.

FOLKHOUSE:

The Lads, 9.30pm.

HAMLETS:

Niall McCabe, 9pm.

HARBOUR CRUISE:

12pm, 2pm, 3pm & 5pm.

KINSALE R.F.C.:

Tag Rugby Finals, 7.15pm.

WHITE HOUSE:

Shane & Friends, 9pm.



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